

Terminology Used in Class

The Five Codes of Tang Soo Do

1. Be loyal to one's country
2. Be obedient to parents and elders
3. Honor friendship
4. Never retreat in battle
5. In fighting choose with sense and honor



www.BnBTangSooDo.com

The Seven Tenets

1. Integrity
2. Concentration
3. Perseverance
4. Respect and Obedience
5. Self Control
6. Humility
7. Indomitable Spirit



GENERAL TERMS

Tang Soo Do:

Name of the art we study (Way of the Tang {Dynasty} Hand – KaraTe Do in Japanese)

Kwan Jang (Nim) Headmaster/Grandmaster

Sa Bom (Nim) Master Instructor – 4th degree black belt and above

Kyo Sa (Nim) Instructor – 2nd & 3rd degree black belts

Jo Kyo (Nim) Assistant Instructor – 1st degree black belt

Nim A term of respect similar to "sir" or "honorable"

COMMANDS IN STARTING AND CLOSING CLASS

Cha Ryut: Attention

Kyung Ret: Salute

Ba Ro: Return

Sabom nim Tora: Turn to face the Master

Muk Nyum: Meditate

Clapped hands: Open your eyes and end meditation



COUNTING

Ha Na	One
Dool	Two
Set	Three
Net	Four
Ta Sot	Five
Yuh Sot	Six
ill Gop	Seven
Yo Dull	Eight
Ah-Hop	Nine
Yohl	Ten

BASIC STANCE (Ki Cho Jaseh)

Jhoon Bi Jaseh	Ready stance
Chun Gul Jaseh	Front stance
Hu Gul Jaseh	Back stance
Ki Ma Jaseh	Side (Horse) stance
Sa Ko Rip Jaseh	Fighting Side stance

Terminology Used in Class

Common Commands

Cho Ba Ja

Do Jang

Do Bok

Dee

Cha Ryut

Kyung Ret

Choong be

Shi-Jock

Ba-Ro

Go Mahn

Shi Oh

Beginner student

Training hall

(studio)

Training uniform

Belt

Attention

Bow

Ready Stance

Begin

Return

End

Relax (rest)

Common Commands

Tora

Shio

Ki Hap

Ahn jo

E ru sut

Mahk Ki

Soo Ki

Jok Ki

Hyungs

Koong kyuck

Ho sin sul

Turn

At ease

Yell

Sit

Stand

Block

Hand

Techniques

Foot

Techniques

Forms

Attack

Self defense

GRADE	BELT COLOR
10TH GUP	White belt
9TH GUP	White belt with one black stripe
8TH GUP	Orange belt
7TH GUP	Orange belt with one white stripe
6TH GUP	Green belt
5TH GUP	Green belt with one white stripe
4TH GUP	Brown belt
3RD GUP	Brown belt with one white stripe
2ND GUP	Red belt
1ST GUP	Red belt with one white stripe
Cho Dan Bo	Blue belt

For questions contact;

B & B Tang Soo Do

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